

IAGLCWDC Line Dance Competitions 2010-2011

Step Sheet for

**Show Me Wot U Got**

*Choreographed by Neville Fitzgerald & Julie Harris*

Description: 48 Count, 4 Wall Line Dance

IAGLCWDC Division: Advanced

IAGLCWDC Music Selection: "Cowboy Up.. (Radio Edit)", sung by Jill Johnson, 130 BPM, CD: The Woman I've Become

- 1-8 MAMBO STEP, COASTER CROSS, ROCK & BEHIND & CROSS & HEEL**  
**1&2** Rock forward on Left, recover on Right, step Left next to Right.  
**3&4** Step back on Right, step Left next to Right, cross step Right over Left.  
**5&6&** Rock to Left side on Left, recover on Right, cross step Left behind Right, step Right to Right side.  
**7&8** Cross step Left over Right, step Right to Right side, touch Left heel forward diagonal Left.
- 9-16 & CROSS, SIDE, SAILOR 1/2, STEP, PIVOT 1/2, WALK, WALK 1/4**  
**&1-2** Step Left next to Right, cross step Right over Left, step Left to Left side.  
**3&4** Cross step Right behind Left, make 1/4 turn to Right stepping Left next to Right, 1/4 turn to Right stepping forward on Right.  
**5-6** Step forward on Left, pivot 1/2 turn to Right.  
**7-8** Walk forward on Left, make 1/4 turn to Right walking forward on Right. (with attitude) R\*\*
- 17-24 LEFT LOCK STEP, TOUCH, 1/2 TURN, ROCK STEP, COASTER CROSS**  
**1&2** Step forward on Left, lock Right behind Left, step forward on Left.  
**3-4** Touch Right toe next to Left heel, make 1/2 turn to Right stepping forward on Right.  
**5-6** Rock forward on Left, recover on Right.  
**7&8** Step back on Left, step Right next to Left, cross step Left over Right.
- 25-32 KICK & CROSS, TAP, TAP, KICK, BEHIND, SIDE, CROSS, SIDE, BEHIND, SIDE, CROSS**  
**1&2** Kick Right forward diagonal Right, step Right next to Left, cross step Left over Right.  
**3&4** Tap Right toe next to Left, tap Right toe next to Left, kick Right forward diagonal Right.  
**5&6&** Cross step Right behind Left, step Left to Left side, cross step Right over Left, step Left to left side.  
**7&8** Cross step Right behind Left, step Left to Left side, cross step Right over Left.
- 33-40 ROCK, STEP, SAILOR 1/2, STEP 1/2 PIVOT, STEP 1/2 PIVOT**  
**1-2** Rock to Left side on Left, recover on Right.  
**3&4** Cross step Left behind Right, make 1/4 turn to Left stepping Right next to Left, 1/4 turn to Left stepping forward on Left.  
**5-6** Step forward on Right, pivot 1/2 turn to Left.  
**7-8** Step forward on Right, R\* pivot 1/2 turn to Left.
- 40-48 WALK, WALK, STEP, PIVOT 1/2, STEP LOCK STEP, STEP LOCK STEP, STEP**  
**1-2** Walk forward Right-Left.  
**3-4** Step forward on Right, pivot 1/2 turn to Left..  
**5&6** Step Right forward diagonal Right, lock Left behind Right, step Right forward diagonal Right.  
**&7&8** Step Left forward diagonal Left, lock Right behind Left, step Left forward diagonal Left, step forward on Right.